



Presidency Times

Bulletin of Rotary Club of **Calcutta Presidency**
Rotary International District 3291



RI President- Rtn. Stephanie A. Urchik | DG: Rtn. Dr. Krishnendu Gupta
President: Rtn. Abha Lunia | Secretary: Rtn. Seema Kayal | Editor: Rtn. Anju Bothra



Message by Stephanie A. Urchik President 2024-25

One of Rotary's greatest strengths is the ability of our members to come together to create lasting change, and The Rotary Foundation helps us transform dreams of change into reality. From eradicating polio to building peace, much of the work we do around the world would not be possible without the continued support of our Foundation.

The cause of peace is especially important to me, and one of the most effective ways we build peace is our Rotary Peace Fellowship - a product of The Rotary Foundation. The program helps current and aspiring peace and development professionals around the world learn how to prevent and how to

end conflict. Global grants support large international activities with sustainable, measurable outcomes in Rotary's areas of focus. By working together to respond to pressing community needs, clubs and districts strengthen their global partnerships.

Our Foundation can even help you support our wonderful youth programs, including Rotary Youth Exchange, Rotary Youth Leadership Awards, and Interact.

The Magic of Rotary does not appear out of nowhere. We create the magic with every new member inducted, every project completed, and every dollar donated to our Foundation.

Please join me in supporting The Rotary Foundation, and together, we will change the world for the better.



President Abha Lunia with DG Dr. Krishnendu Gupta, Dr. Simran and PDG Sudip Mukherjee at the Rotary Foundation Seminar 2024





Rotary Club of Calcutta Presidency
RI District 3291
in association with
B.M. Birla Heart Research Centre
presents



Jeevan Jyoti 2

(Community Heart Reach Project)

Free Heart Surgery for economically disadvantaged patients

Contact person
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98747 08690
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BM Birla Heart Research Centre KOLKATA

Rtn. Dr Rina Malpani | Rtn. Abha Lunia
Event Chair | President

Terms and conditions apply. Rotary Presidency and B.M Birla reserves the right for selection of candidates



Minutes of the 204th RWM of the Rotary Club of Calcutta Presidency

Date: 9th November 2024

Venue: Rajshree Rajhans

The meeting was called to order by President, Abha Lunia, followed by the singing of the National Anthem. The minutes of the previous meeting were confirmed by Asha Gupta and Udit.

The President briefed the members on the club's recent and ongoing activities:

- **24th October:** The club continued its contribution to the global effort for polio eradication. A donation of \$100 was made to the Polio Plus Foundation. The club became a co-host for the End Polio Now Seminar organized by the Rotary Club of Rabindra Sarobar. The club also initiated a Polio Awareness Campaign, displaying "End Polio Now" banners in and around Kolkata, particularly in over 10 Kali Puja pandals.
- **27th October:** District Diwali Meet held at Eastern Metropolitan Club. IPP Sangita Bakliwal, Dr. Rina, and President Abha attended the event.
- **9th November:** A session on Premenopause and Postmenopause was

conducted at St. Paul's for the sisters. Dr. Rina discussed the medical impacts, and Rtn. Sangita Jain addressed the nutritional aspects of these phases.

4. Upcoming Events:

The President highlighted several upcoming events:

- **9th November (Evening):** Diwali Fellowship
- **13th November:** Children's Day celebrations at Rotary Ramkrishna Academy.
- **14th November (Afternoon):** Children's Day celebrations at Navanir Chetla.
- **14th November (Evening):** Diksha Evening School celebration.
- **16th November:** Cervical Cancer Talk at CharuChandra College, followed by a Cervical Vaccine Drive in December.
- **22nd November:** Wheelchair Donation at NRS Medical College and Hospital, for the Hematology OPD.
- **23rd November:** Blood Donation Camp at Sector V.

5. Secretary's Announcements:

The meeting was adjourned after the Secretary announced the birthdays and anniversaries of the members.



Premenopausal and Postmenopausal Awareness Talk at St. Paul's School - A Successful Initiative

On the morning of November 9th, our club organized an informative session aimed at raising awareness among the sisters of St. Teresa and St. Paul's on the topics of premenopause and postmenopause.

Dr. Rina Malpani led the discussion, covering important aspects such as common symptoms, necessary medications, and effective strategies for managing these changes. Her approach was both informative and empathetic, giving the audience a better understanding of how to navigate this phase of life with confidence.

Rtn. Sangita emphasized the crucial role of proper nutrition in slowing down the effects of menopause. Her insights on diet and healthy lifestyle choices resonated strongly with the attendees, who were eager to learn how to support their overall well-being during this time. Around 30 sisters attended the session, and the energy in the room was lively. The participants were highly engaged, with many asking insightful questions during the interactive Q&A session, which made the discussion even more enriching.

Editor's Note

As we celebrate Children's Day in November we are reminded of the importance of nurturing and empowering the young minds who will shape the future. This special day serves as a celebration of childhood, while also urging us to reflect on the responsibilities we hold as a society in ensuring that every child has the opportunity to grow, learn, and thrive.

At Rotary, we recognize that children are not only the heart of our communities but also the key to a better tomorrow. Through our various programs, we are committed to providing children with the tools, resources, and opportunities they need to succeed—whether it's through educational initiatives, health programs, or community-building efforts.

However, these projects are not possible without the support and generosity of the members. Your contributions directly impact the lives of children, helping to create lasting change and development. Together, we can make a difference—one child at a time.

Rtn. Anju Bothra - Club Editor



Navneer



RRA



Young Horizons



Children's Day Celebrations - A Heartwarming Experience

On **Children's Day (14th November)**, the Rotary Club of Calcutta Presidency organized a series of joyful events for children at various schools.

1. Rotary Ramkrishna Academy: On 13 November our club organized a fantastic Magic Show for the 120 children of RRA. Their enthusiasm and eagerness to participate in the show truly made our day. We also distributed goody bags containing Camel color pencils, copies, chips, biscuits, and chocolates, ensuring the children had a memorable and delightful experience.

2. Navneer Chetla Evening School: The celebration began with the 34 children of the Navneer Chetla Evening School. Rtn. Sunila generously sponsored school bags and goodies

for the children, making the occasion even more special. Seema, Sarita, Udita, and Priyanka kept the children engaged with fun games. At the end of the event, the children went home with smiles on their faces, marking a day well spent with them.

3. Disha Evening School (Young Horizon School): Later, the Rotary Club of Calcutta Presidency arranged a magical experience for the children at the Disha Evening School. The children were thrilled with a Magic Show and Puppet Show organized by the club. The Interact Club of the school also contributed by providing goody bags for the children, adding to the excitement and joy of the day.

Overall, the day was filled with joy, laughter, and meaningful interactions. We returned home with happy memories, knowing that we had brought smiles to the faces of many children.



RAZMATAZZ, THE RETRO WAY: Diwali Fellowship at Rajshree Rajhans - 9th November

Fellowship plays a vital role in strengthening the bonds among members of Rotary clubs, and this year, the Rotary Club of Calcutta Presidency showcased an unforgettable Diwali Fellowship on the 9th of November at the beautifully decorated terrace of Rajshree Rajhans.

The theme of the evening, "**RAZMATAZZ, THE RETRO WAY**", was a nod to the past, where members donned their best retro outfits and danced the night away to the nostalgic beats of retro music. The décor added to the vibrancy, setting the perfect mood for the evening, and the melodious tunes had everyone tapping their feet and dancing in unison.

A tempting spread of delicious food was laid out, making the event all the more enjoyable. The success of the evening was the result of the hard work and dedication put in by the club's President, Abha Lunia, along with the Creative Team - Priyanka, Udita, Anju Singhee and Sangeeta Bajoria. Udita's leadership stood out as she took charge of the event and ensured everything went smoothly, adding a special touch to the celebration. It was truly a night to remember, filled with fun, camaraderie, and the spirit of Diwali!



"Wheelchair Donation at NRS Medical College: Empowering Lives Beyond Cancer"

On November 22, four wheelchairs were donated at NRS Medical College and Hospital through the Life Beyond Cancer Help Desk. The recipients included an elderly man and a child who could not walk. Unfortunately, the other two beneficiaries could not be present, but their families came to collect the wheelchairs on their behalf. Special thanks was given to Dr. Rina Malpani, who facilitated the donation.



Blood Donation Camp At Sector V

The Rotary Club of Calcutta Presidency organized a successful blood donation camp on November 23rd, 2024, at Sector V. Initially, we expected around 40 donors, but the turnout exceeded our expectations with 65 blood donations! It was truly a feel-good project, and we were thrilled to see our own club member, Sandeep Jain, actively participating by donating blood. A heartfelt thank you to our Presidency team -Jaishree, Rashi, Sangeeta Bajoria, Seema, Udita, and Neena- for their impeccable coordination and efforts. From managing registrations to presenting donors with appreciation certificates, gifts, and food packets, everyone worked seamlessly together.

We were also honoured to have PDG Raj Kumar Rajgaria and PDG Sam Showket Hossain from Bangladesh visit the camp, adding an extra touch of Rotary magic to the event. As club president, Abha Lunia, shared on her 65th birthday, having 65 blood donors was a dream come true. This day was a reminder of the power of service above self. Let's continue spreading good and making a difference in the world.



Cervical Cancer Awareness Talk at Charuchandra College: 17 November 2024



On November 17, 2024, our club hosted an incredibly important and timely project on cervical cancer awareness, made possible by the dedication and hard work of Dr. Rina. As we know, cervical cancer remains a leading cause of cancer-related deaths among women worldwide, and it was crucial to address this issue at the right moment. The talk was an excellent step in raising awareness about prevention, especially the importance of the cervical cancer vaccine. Dr. Sonia Mathai's informative session was truly eye-opening. She explained the causes, symptoms, and preventive measures of cervical cancer in a clear and concise manner, helping the audience understand the importance of screening and vaccination.

Her message about the need for greater public education on this issue was both impactful and motivating. Thanks to the support of distinguished guests including PDG Rajani Mukherjee, Dr. Meenakshi (District Secretary, Medical), Dr. Pamela (Additional District Secretary, Medical), and Rtn. Mahesh Maheshwari, the event gained even more significance. Their presence underscored the importance of this cause and added great value to the occasion. Together, we have taken a crucial step towards creating awareness and empowering the younger generation to take preventive measures against cervical cancer. Here's to more such impactful initiatives in the future!

Happy Birthday

Rajesh Bothra 10 Nov
Alok Kumar Agarwal 11 Nov
Abha Lunia 23 Nov
Priyanka Gupta 24 Nov
Shubham Bagaria 28 Nov
Rina Malpani 30 Nov

Happy Anniversary

Ranjan & Sunita 23 Nov
U. K. Das & Alka 28 Nov
Anu & Keshav Kothari 28 Nov
Sunil & Mamta Lohia 29 Nov

Literacy Project



Scholarship of 10K was given to **Rishav Sharma** Doing Hotel Management in International School of Hospitality Management in Sector V.



Scholarship of 10K was given to **Sagar Singh**, studying commerce in Class XI. Have given money to cover private tuitions.



Scholarship of 15K was given to **Anisha Khanre**, studying in class eleven at Indore.

Dr. Rina Malpani donated the scholarship through Tarachandra and Shanti Maheshwari Trust



Website link: <https://rccalcuttapresidency.rotaryindia.org/NA>
Join us on: [f/Rotary-Calcutta-Presidency-Dist - 3291](https://www.facebook.com/Rotary-Calcutta-Presidency-Dist-3291)

We have regular meetings twice a month at Cosmopolitan Club over Breakfast.